

AI Engagement Model

Formation across repeated work with AI

BECOMING practice • reflect • adapt • repeat

Development occurs across interactions, not from one prompt or score.

OUTCOMES • fruit

What engagement can strengthen or weaken

- Learning
- Judgment
- Agency
- Voice
- Flourishing*

*A carefully bounded, long-run theoretical outcome

BEHAVIORS • branches

Eight observable functions used as tasks change

PASSIVITY

Oracle • Production Assistant

PARTNERSHIP

Tutor
Collaborative Problem-Solver

AGENCY

Verification Agent • Creative Expander
Critical Challenger • Problem Setter

Groups describe patterns, not fixed identities.

PRINCIPLES • trunk

Rules for sound engagement choices

- Authorship
- Productive Friction
- Calibrated Trust
- Dialogue, not Transaction
- Voice Preservation
- Reflection

DISPOSITIONS • roots

Tendencies that make wise engagement easier

- Intellectual Humility
- Internal Locus of Evaluation
- Investment in Process
- Tolerance for Ambiguity
- Tinkering Disposition

MECHANISM • surrounding conditions

Each interaction is co-produced by:

PERSON + AI TOOL + TASK + CONTEXT

The same prompt can produce a different pattern when any of these conditions changes.

Dispositions enable principles; practiced behavior can strengthen dispositions.